

# F.A.M.S. KNIGHTS VOLLEYBALL PLAYER EXPECTATIONS

**2018-2019**

- Be on time! You should be dressed with ALL gear and on in the gym by the time practice starts. Same goes for games!
- Practice begins as soon as you step in the gym and does not end until the moment the coaches dismiss you.
- When a coach is speaking, everybody listens, even if the coach is not talking directly to you.
- Don't criticize a teammate.
- Be respectful towards yourself, your teammates, your coaches, the other team, officials, and everyone else who helps with this program.
- Always **give 110%, 100% of the time.**

## My Coaching Philosophy

The development of our younger players will ALWAYS be considered the backbone of our volleyball program.

- Our overall #1 goal is to make it fun and productive for the players.
- Teach the players the rules and develop the basic fundamentals of the game.
- Winning will not be a priority. (Winning will be strived for, but we will never make it "just about winning". As long as we give it 110% than we won the game!)

**\*All school eligibility rules apply to our team\***

## Absences (missed practices / games / school)

**Excused Absence:** When a player misses practice time or a game with written prior notice given to one of the coaches by the player themselves or parent / guardian themselves. If prior notice cannot be given the player must bring a signed excuse note from home or doctor. An excuse note must be received at the beginning of the next practice / game that the player attends. Even with written prior notice or excuse note, if a player misses the practice before a game, the player may be in jeopardy of starting the game.

**Unexcused Absence:** Failing to give prior written notice or failing to turn in an excuse note to either coach by the next attended practice / game. If multiple unexcused absences are accrued the following circumstances are as followed:

Unexcused absences:

- First: may not be eligible to start the next game
- Second: may miss an entire half of the next game
- Third: may miss the entire next game
- Forth: possible dismissal from the team

**Lets Have a Great Season! -Coach Bollinger**

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Please return to Practice tomorrow – Tuesday March 13<sup>th</sup>.

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By signing below I indicate that I have read and understand the team expectations:

Player Signature: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_